

SUPPLEMENT EXCLUSIONS

Some products should be avoided in certain situations. It is important that you use this tool with all of your clients as you think about which supplements to place in their cart.

NOTE:

ANYTIME your Client has a question about any product related to a medical issue or medication they are taking, tell them to review the label, print it and consult their physician.

You may not give medical advice.

TLS THERMOCHROME should not be suggested when:

- the Client has high blood pressure
- the Client has cardiovascular challenges like atrial fibrillation (AFib) or heart palpitations
- the Client is sensitive to caffeine

TLS ACTS (or Bliss) should not be suggested if:

- the Client is on MAO inhibitors (Monoamine Oxidase Inhibitor) A list of some popular Rx drugs can be found at <http://www.drugs.com/drug-class/monoamine-oxidase-inhibitors.html>. If you are not sure, then in your email after you've populated the cart to insert in the area where it says to review the supplements. Add the following:
"In view of the medication you mentioned in your questionnaire, pay particular attention to the TLS ACTS product and review the information on that product. Once you are comfortable, proceed to check out. If you have a question, print the label and consult your physician."

Lactose intolerant: If the client is lactose intolerant, do NOT use:

- TLS Nutrition Shake
- TLS Whey Protein Shake
- DNA Miracles Pre + Postnatal Shake
- Nutriclean Fiber Powder

These clients may use the TLS Plant Based Shake. Another alternative is Nutiva OrganicHemp Protein Shake + Fiber which is available through our Partner Store jet.com.

Consider also adding Nutriclean Hepatocleanse for use during Phase One and over the first three weeks for lactose intolerant clients. Dosing is two tablets at dinner or one hour before bed. (Note: Pregnant clients do not use Hepatocleanse.)

Pregnant or Nursing Clients: Remember that those who are pregnant or nursing have a completely different protocol to follow. Refer to the Pregnancy/Nursing version of Chapter 2 for a list of appropriate supplements.

Celiac: These clients cannot consume gluten under any circumstances. As a Coach, you need to know your labels. ANYTHING that contains wheat, barley or rye is GLUTEN. Products made on equipment coming in contact with those ingredients will be an issue. Read product labels.

Nut Allergies: Some of the protein bars may not be suitable for any reason for these clients. Labels are key. As the Coach, you need to read them, and they need to learn to read labels, too. Pine Nuts and Peanuts are the primary culprits. They can cause DEATH in some people. So, understand that this is very important.

Gastric Bypass: Information in this section also applies to other similar challenges.

Should use:

- Isotonix, Complete Greens, Ultimate Aloe Juice and Non-fiber shakes (like our TLS Whey)
- Chewable DNA Miracles products or other chewables

Should NOT use:

- Fiber products
- Any hard pills (unless the Client tells you they can handle pills, and even then, know that absorption will be an issue)

If you have any questions, contact Dr. Terry. If your Client has questions, they should ask their Physician.